

JOINT BENEFIT TRUST

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PLAN CHANGE NOTICE Summary of Material Modifications

Date: June 22, 2023
To: All Self-Funded Plan Participants, dependents and COBRA participants
From: Board of Trustees, Joint Benefit Trust
Subject: Managed Health Network (MHN)

JBT Self-funded Plans have long covered Behavioral Health and Employee Assistant Program (EAP) benefits through a company called the “Managed Health Network” (MHN). MHN has stopped providing these benefits and effective July 1, 2023 Anthem Blue Cross will become JBT’s new provider for Behavioral Health and the Employee Assistant Program (EAP).

If you are currently seeking Behavioral Health or Employee Assistant Program (EAP) care please confirm that your provider is part of your applicable Anthem Blue Cross network (Advantage or Prudent Buyer). Go to www.jointbenefittrust.com to determine whether the behavioral health or EAP service you intend to use is on the Advantage or Prudent Buyer PPO. Please see the enclosed additional information about the EAP services provided by Blue Cross. If you are currently using a MHN behavioral health or EAP service or have any questions, contact a JBT Member Services Representative at (800) 528-4357.

IMPORTANCE OF THIS DOCUMENT

This Notice is intended to amend all JBT documents, notices, and correspondence, including (but not limited to) the Summary Plan Description (SPD). This document is a Summary of Material Modifications (“SMM”) intended to notify you of important changes made to your plan of benefits. You should take the time to read this SMM carefully (and share it with your family) and keep it with your copy of the SPD. While every effort has been made to make this description as complete and as accurate as possible, this SMM, of course, cannot contain a full restatement of the terms and provisions of your JBT Plan. The Board of Trustees reserves the right, in its sole and absolute discretion, to amend, modify, terminate, or interpret and decide all matters under the Fund’s Plans or any benefits provided under the Fund’s Plan, in whole or in part, at any time and for any reason.

Member Assistance Program Service Summary Joint Benefit Trust

Effective date: 07/01/2023

Anthem®EAP

Available 24/7, 365 days a year
Everything you share is confidential*

Life can be full of challenges. Your Member Assistance Program (MAP) is here to help you and your household members. MAP offers a wide range of **no-cost** support services and resources, including:



Counseling

- Up to 5 visits per issue
- In-person or online visits
- Call MAP or use the online Member Center to initiate services



Legal consultation

- 30-minute phone or in-person meeting
- Discounted fees to retain a lawyer
- Free legal resources, forms, and seminars online



Financial consultation

- Phone meeting with financial professionals
- Regular business hours; no appointment required
- Free financial resources and budgeting tools online



ID recovery

- Help reporting to consumer credit agencies
- Assistance with paperwork and creditor negotiations



Emotional Well-being Resources

- Digital tools to improve emotional well-being
- Team up with an experienced clinical coach
- Practice mindfulness on the go



Dependent care and daily living resources

- Online information about child care, adoption, elder care, and assisted living
- Phone consultation with a work-life specialist
- Help with pet sitting, moving, and other common needs



Other anthemEAP.com resources

- Well-being articles, podcasts, and monthly webinars
- Self-assessment tools for emotional health issues



Crisis consultation

- Toll-free emergency number; 24/7 support
- Online critical event support during crises

We are ready to support you

You can call us at 800-999-7222, or go to [anthemEAP.com](https://www.anthemEAP.com) and enter your company code: Joint Benefit Trust

When something unexpected happens, MAP can help you figure out your next steps. Contact us today.

* In accordance with federal and state law, and professional ethical standards.

This document is for general informational purposes. Check with your employer for specific information on the services available to you.

Language Access Services – (TTY/TDD: 711)

Spanish – Tiene el derecho de obtener esta información y ayuda en su idioma en forma gratuita. Llame al número de Servicios para Miembros que figura en su tarjeta de identificación para obtener ayuda.

Chinese – 您有權使用您的語言免費獲得該資訊和協助。請撥打您的 ID 卡上的成員服務號碼尋求協助。

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