
JOINT BENEFIT TRUST

ADMINISTRATOR
4160 Dublin Blvd., Suite 400
Dublin, California 94568-7756
PHONE: (925) 833-7306
FAX: (925) 833-7301

CHAIRMAN, Richard Ehrler
CO-CHAIRMAN, Maria Ashley Alvarado

Name
Add
City, State, Zip

Member ID:

Date February, 2016

To: All Plan Participants and their Spouses, and COBRA Participants who are enrolled in the
1400-Hour Plan

From: Board of Trustees, Joint Benefit Trust

IMPORTANT NOTICE ABOUT YOUR PLAN COVERAGE
--

The Joint Benefit Trust (JBT) and the JBT Health Team wish you a happy and healthy 2016. The JBT Trustees have made some changes to the health programs JBT will provide to you in 2016. We hope you will take full advantage of the programs. As always the programs offered are provided to 1400 hour Plan participants and their spouses who are currently eligible for JBT Indemnity Plan Benefits.

The disease management program, as well as the JBT WellCheck Program are paid for by the Trust and provided at no cost to you. The programs are designed to help you help yourself to achieve the best of health possible. They are always entirely confidential.

In 2016 the changes to the programs are as follows for all eligible 1400 hour employees and spouses:

Chronic disease management: JBT contracts with a chronic disease management provider who offers a program that provides telephonic support and education by specially trained registered nurses to people with these chronic diseases.

- As of January 1, 2016 Healthways is no longer providing this service for JBT.
- A new chronic disease management provider will be selected soon and you will receive more information about the new provider and program in the near future.
- If you are identified as having a chronic disease by the new chronic disease management provider, you may receive a call from one of their nurses, introducing you to the new program. Please take the time to speak with the nurse.
- You may also receive a call from a member of the JBT Health Team from our Lathrop office to tell you about the changes in the chronic disease management provider and the new program it will offer.

Lower medication co-payment benefit for active participation in the chronic disease program:

- If you are currently eligible for JBT Indemnity benefits and were previously qualified to receive the lower medication co-pay in 2015, you will continue to receive the lower co-pay during the transition to the new chronic disease management provider – at least for the next several months.

The JBT WellCheck Program

- The biometric screening will begin in March of this year. Check with your HR department for the schedule for your location.
- The lab protocol for this year does not require fasting – *you may eat and drink before your screening.*
- Since you will not have to fast, you may screen before, during (if your employer allows) or after your work shift or even at another plant when our team is there. Bring your spouse, too!
- Since you may eat before your screening, no snacks will be provided at the screening.

By taking the JBT WellCheck screening and knowing your health risks, you can improve your health and quality of life. Be there, now and in the future, for the important things in your life – your family, your friends, your work, your hobbies, etc.

IF you have questions, call the JBT Health Matters Team office at (800) 284-3926 or the JBT Benefits Office at 1-800- 528-4357.

This Notice is intended to amend all JBT documents, notices and correspondence, including (but not limited to) the Summary Plan Description (SPD). This document is a Summary of Material Modifications (“SMM”) intended to notify you of important changes made to your plan of benefits. You should take the time to read this SMM carefully (and share it with your family) and keep it with your copy of the SPD. While every effort has been made to make this description as complete and as accurate as possible, this SMM, of course, cannot contain a full restatement of the terms and provisions of your JBT Plan. The Board of Trustees reserves the right, in its sole and absolute discretion, to amend, modify, terminate or interpret and decide all matters under the JBT Plan, or any benefits provided under the JBT Plan, in whole or in part, at any time and for any reason.

JOINT BENEFIT TRUST

ADMINISTRATOR
4160 Dublin Blvd., Suite 400
Dublin, California 94568-7756
PHONE: (925) 833-7306
FAX: (925) 833-7301

CHAIRMAN, Richard Ehrler
CO-CHAIRMAN, Maria Ashley Alvarado

Estimado: Miembro de JBT

Fecha: Febrero, 2016

A: Todos los Participantes del Plan y a sus Esposos (a), y los Participantes de COBRA que están inscritos en el Plan de 1400 horas.

De: Junta de Tesoreros de JBT

IMPORTANTE ANUNCION ACERCA DE CAMBIOS EN SU PLAN

Joint Benefit Trust (JBT) y el Equipo de Salud de JBT le desean un feliz y saludable 2016. Los Tesoreros de JBT han hecho algunos cambios en los programas de salud que JBT le ofrecerá a usted en el 2016. Esperamos que aproveche las ventajas de los programas. Como siempre los programas que se ofrecen son proporcionados a los empleados de JBT de 1400 horas y a sus esposos (a) que son actualmente elegibles para beneficios Médicos con JBT.

El Programa de Control de enfermedades Crónicas, al igual que el programa de JBT WellCheck son pagados en su nombre por JBT y proporcionados sin costo alguno para usted. Los programas están diseñados para ayudarle a ayudarse a si mismo para lograr el mejor estado de salud posible. Son totalmente confidenciales.

En 2016 los cambios en los programas son los siguientes para todos los empleados elegibles de 1400 horas y sus esposos (a):

- **Control de enfermedades Crónicas:** JBT contrata con un proveedor de Control de enfermedades Crónicas que ofrece un programa que proporciona soporte telefónico y educación por enfermeras especialmente entrenadas (o) en el tratamiento de personas con enfermedades crónicas.
 - A partir del primero de Enero del 2016 la empresa Healthways ya no proporciona estos servicios a JBT.
 - Un Nuevo proveedor para el control de enfermedades crónicas será seleccionado pronto y usted recibirá más información acerca del nuevo proveedor y del programa en un futuro próximo.
 - Si usted esta identificado con una de las enfermedades crónicas por el nuevo proveedor, es posible que reciba una llamada de una de sus enfermeras, para introducirlo al programa. Por favor tome tiempo para hablar con la enfermera.
 - También es posible que reciba una llamada de un miembro del Equipo de Salud de JBT de la oficina de Lathrop para informarle sobre los cambios en el proveedor de control de enfermedades crónicas y el nuevo programa que ofrecerá.

- **Beneficio de bajo copago en medicinas por la participación activa en el programa de enfermedades crónicas:**
 - Si usted es actualmente elegible para beneficios Médicos de JBT y estaba anteriormente calificado en el 2015 para recibir sus medicinas con un bajo copago, usted continuara recibiendo el beneficio de bajo copago durante esta transición al nuevo proveedor de control de enfermedades crónicas – al menos por los próximos meses.
- **El Programa de JBT WellCheck**
 - El examen biométrico comenzará en Marzo del 2016. Consulte con su departamento de Recursos Humanos para los horarios en su ubicación
 - Los exámenes o pruebas de laboratorio para este año no requiere ayuno – *usted puede comer y beber antes de su examen.*
 - Dado que usted no tendrá que ayunar, usted puede hacer el examen antes, durante (si su empleador lo aprueba) o después de su turno de trabajo o incluso en otra planta cuando nuestro equipo este ahí. También traiga a su esposa (o)!
 - Ya que usted puede comer antes del examen, no proporcionaremos aperitivos como por ejemplo fruta, jugos, etc. en su visita para el examen.

Tomando el examen de WellCheck y conociendo sus riesgos de salud, usted puede mejorar su salud y calidad de vida. Estar aquí, ahora y en el futuro, para las cosas importantes en su vida – su familia, amigos, trabajo, aficiones, etc.

Si usted tiene alguna pregunta, llame a la oficina de JBT Health Matters Team al (800) 284-3926 o a la oficina de Beneficios de JBT al 1-800- 528-4357.

The JBT Health Matters Team and the Trustees of the Joint Benefit Trust

This Notice is intended to amend all JBT documents, notices and correspondence, including (but not limited to) the Summary Plan Description (SPD). This document is a Summary of Material Modifications (“SMM”) intended to notify you of important changes made to your plan of benefits. You should take the time to read this SMM carefully (and share it with your family) and keep it with your copy of the SPD. While every effort has been made to make this description as complete and as accurate as possible, this SMM, of course, cannot contain a full restatement of the terms and provisions of your JBT Plan. The Board of Trustees reserves the right, in its sole and absolute discretion, to amend, modify, terminate or interpret and decide all matters under the JBT Plan, or any benefits provided under the JBT Plan, in whole or in part, at any time and for any reason.